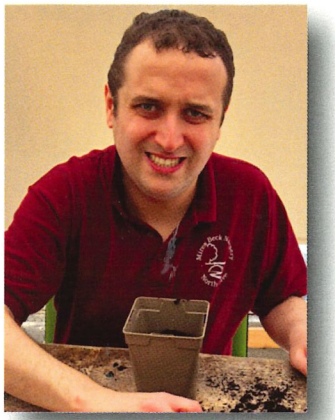
The Friends of Mires Beck

Who are the Friends of Mires Beck?
The Friends of Mires Beck are just that. We are the Friends who support, celebrate and promote the amazing work of **Mires Beck Nursery**.

Since 1994 this remarkable charity has been providing adults with learning disabilities with a 'place to go and a place to grow'. The combined efforts of a small army of enthusiastic volunteers and staff provide an extraordinary level of care for people and the environment in which they work - as well producing high quality perennials, herbs, shrubs, grasses and trees.

But this is only part of the story.

CALLUM



" Mires Beck is Callum's oasis in the desert. It allows him to be an adult, allows him to grow, develop, learn new skills, make friends - most of all it gives a purpose to live his life. We always say 'Callum's going to work' ". (Callum's mum)

Making friends, learning new skills, doing valuable work – all in 14 acres of peaceful, East Yorkshire countryside.

Mires Beck Nursery,
Low Mill Lane, North Cave HU15 2NR
Tel: 01430 421543
e mail info@miresbeck.co.uk

Bee a Friend and Join Us

What do we do?
As Friends we raise extra funds to improve the resources needed for trainees to work safely and independently. *You could be part of this inspiring story.*

Bees are guardians of the natural world... they symbolise wisdom, industry - and teamwork. Nature's friends!

Some of the benefits of being a Friend
As a Friend you'll receive our exciting newsletter 3 times a year – full of useful ideas, information and latest news.

You also receive:
- **15% discount on full price taupe pot plants & 10% on full price green pot plants at Mires Beck;**
- **A free 9cm herb pot when you join;**
- **10% off selected wooden goods;**
- **15% off some branded Mires Beck merchandise.**

Membership runs for 12 months from 1 April to 31 March each year.

Our Privacy Promise

We take the privacy of your data seriously and will never share your information with any third party. You will find our Privacy Policy at www.miresbeck.co.uk or you can ask for a copy at info@miresbeck.co.uk

Mires Beck Nursery,
Low Mill Lane,
North Cave,
HU15 2NR.



Membership Application

Your Details

New member ☐ Renewal of membership ☐

Membership No. (given / if known) _____

Please (circle) Mr Mrs Ms Miss Dr

(Forename)..... (Surname).....

Address.....

Town..... Postcode.....

Telephone.....

Email (please write clearly).....

Please tick if

Would you like to be involved in helping with FOMB events or activities? ☐

Would you like to help with volunteer activities for Mires Beck Nursery? ☐

Keeping in touch

- By joining the Friends of Mires Beck I agree to my details being used to manage my FOMB Membership and to provide me with membership services.
- I also agree to the Committee of the Friends of Mires Beck and Mires Beck Nursery contacting me to share news, special offers, details of events and fundraising initiatives.
- I am happy to receive the above information by:

Email ☐ Post ☐ Telephone ☐

Signature:..... Date:.....

Payment

Standing Order ☐ Bank Transfer ☐ Cheque Cash ☐ Till Payment ☐

If paying through your bank or online, please send your completed membership form to the address opposite.

Please use your full name (and membership number if known) as reference.

Sort Code: 77-12-27 Account Number: 17261160

If paying by cheque please complete this form and send with your cheque for £15 payable to 'Friends of Mires Beck Nursery' to the address opposite.



Why bee a Friend?

As a Friend you'll make a difference not just to Callum, Karli or Mark … but to the other 90+ trainees who come to Mires Beck each week to learn, make friendships and enjoy life.

Come and see for yourself. Say hello, share a smile, buy some wonderful plants and feel part of something bigger.

KARLI



"It has made such a difference Karli being at Mires Beck. She always comes home with a smile on her face and says she's had a good day! We'd be lost without Mires Beck's service."
(Karli's mum)

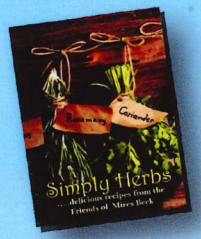
MARK



"I'm doing really well at Mires Beck. I'm doing a great job keeping the plants healthy. I think the staff, volunteers and trainees are nice people."

I've joined the Friends what else can I do to support Mires Beck?

- ✓ **Pass this leaflet on - recruit a Friend (or two)**
- ✓ **Join our Friendly committee**
- ✓ **Buy a copy of our herb recipe book**

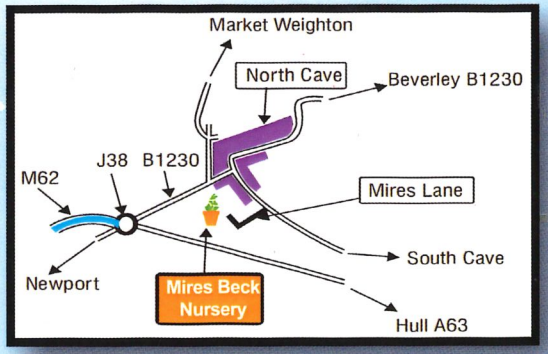


Simply Herbs is priced at £7 and packed full of herbalicious culinary delights.
Why not team it up with a herb pot for a lovely present? Available for sale at **Mires Beck.**

We're always looking for talented crafters to add to our craft stall in the retail hut.

- ✓ Visit Mires Beck and buy some wonderful plants – or just come for a stroll about.
- ✓ Volunteer
- ✓ Make a donation

How to find Mires Beck Nursery



Find out more at www.miresbeck.co.uk

Create a Buzz
The Friends of Mires Beck